

## Leisure Pool **Morning** (Deep End) 24th March- 30th March

	6:00-7:00	7:00-8:00	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	<u><b>Information</b></u>
Mon				GENTLE AQUA		G E N T L	
Tues	CARDIO AQUA			GoSWIM			
Wed				GENTLE AQUA	GoSWIM		
Thurs	AQUA BOOTCAMP			GoSWIM			
Fri				GENTLE AQUA	GoSWIM		
Sat			GoSWIM				
Sun							